

Our Ref: 67068

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NHS Southport & Formby CCG

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Re: Freedom of Information Request

Please find below the response to your recent Freedom of Information request regarding children and young people's mental health services within NHS Southport and Formby CCG.

Request/Response:

1.
 - a. What specialist CAMHS services do you commission for children and young people and who provides these (e.g. eating disorder services, talking therapies, etc.)?

[CAMHS and Specialist Community Eating Disorders \(<18\) provided by Alder Hey Children's NHS Foundation Trust.](#)

- b. What other services do you commission to support the mental health of children and young people and who provides these?

[Kooth \(online counselling\)](#)

[Xenzone](#)

[Venus](#)

[Partening2000](#)

2. Given the recent national decrease in referrals and the additional potential impact of Covid-19 on mental health, what plans are you developing to cope with increased or changing need for mental health support for children and young people in your area?

Please tick all that apply	Adaptations	Further details
✓	adapted the services you commission to continue to support young people's mental health	Services moved to significant digital offer

✓	planned to commission additional services	Using additional funding from Violence Resource Unit, expanding Kooth
✓	modelled future demand on services	Linking in with regional and national groups to develop this.
✓	developed a plan for your area	All local delivery is being reviewed and influenced by the impact of Covid-19 e.g. Wave 4 MHSTs. Working with partners on developing communications and messages about support available on returning to school. Also supporting the LA in implementing government funding to support schools with mental health when returning in September.
✓	partnered with other organisations such as charities and youth services	Generated shared communications over the metal health support available and how to access during Covid-19.
✓	delivered any other initiatives to support young people's mental health during this period (please state)	

3. How many contacts did the CAMHS services you commission have with children and young people in the following months?

March 2019	20
April 2019	145
May 2019	85
March 2020	25
April 2020	120
May 2020	75

* Please note the CCG does not receive the number of contacts with the CAMHS service, but the published data reports the number of people that have had two or more contacts with a mental health service by Provider. Above is the data for Alder Hey Children's NHS Foundation Trust.

4. What proportion of these contacts were young people from the following ethnic backgrounds?
- i. Asian
 - ii. Black
 - iii. Mixed
 - iv. White
 - v. Other

NHS Southport and Formby CCG does not hold this information; you may wish to refer your query to Alder Hey Children's NHS Foundation Trust - info.gov@alderhey.nhs.uk