



Southport and Formby
Clinical Commissioning Group

Our Ref: 66984

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Re: Freedom of Information Request

Please find below the response to your recent Freedom of Information request regarding IAPT service(s) within NHS Southport and Formby CCG.

Request/[Response](#):

1. In relation to the IAPT service(s) which your CCG commissions, please could you tell us whether or not this service/these services provide Couple Therapy for Depression (also called Behavioural Couples Therapy).

[Yes the IAPT service commissioned by NHS Southport and Formby CCG does provide Couple Therapy for Depression.](#)