



**Southport and Formby**  
Clinical Commissioning Group

Our Ref: 59006

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**Re: Freedom of Information Request**

Please find below the response to your recent Freedom of Information request regarding Couple Therapy for Depression within NHS Southport and Formby CCG.

Request/**Response**:

1. Does the IAPT service commissioned by NHS Southport and Formby CCG currently offer Couple Therapy for Depression/Behavioural Couples Therapy?

**Yes**

2. If your answer to the first question was 'No', please would you state the reason(s) why the service does not offer this therapy.

**Not applicable**