

**Freedom of Information Request – 39367**

I would like to request answers to the following questions under the Freedom of Information Act 2000 with relation to weight management services in your CCG area

Questions	Responses
Please state the name of your clinical commissioning group:	NHS Southport and Formby CCG
Who is the designated policy lead for weight management/obesity-related intervention provision in your CCG? Please provide their name and email address.	Jan Leonard <a href="mailto:Jan.Leonard@southportandformbyccg.nhs.uk">Jan.Leonard@southportandformbyccg.nhs.uk</a> Billie Dodd <a href="mailto:Billie.Dodd@southportandformbyccg.nhs.uk">Billie.Dodd@southportandformbyccg.nhs.uk</a>
Please state the number of patients requiring weight management intervention(s) in the past years 2014, 2015 and 2016 by tier 1, 2, 3 or 4.	NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust - <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a>
What tier weight management intervention(s) do you commission? Please select all that apply: • Tier 3 • Tier 4	Tier 3
Who is the commissioned organisation to deliver the intervention? Please specify and indicate which tiers each intervention covers (e.g. Tier 3, Tier 4 etc):	Tier 3 is provided by Aintree University Hospitals NHS Foundation Trust
Please state the name of the relevant organisation and intervention previously provided that has been decommissioned in the past five years.	N/A
How do patients access this intervention(s)? Please select all that apply from the list below: • Universally available • Self-referral • GP/nurse referral • Other health professional referral • Direct referral from NHS Health Checks	Tier 3 – referrals accepted from GPs, tertiary centres and other health professionals

<p>What is the eligibility criteria for adults? Please select all that apply from the list below:</p> <ul style="list-style-type: none"> <li>• BMI</li> <li>• Postnatal Black and Minority Ethnic (BME) groups</li> <li>• People with learning disabilities</li> <li>• People with poor mental health</li> <li>• People with physical disabilities</li> <li>• Low income groups</li> <li>• Unemployed</li> <li>• Other, please specify:</li> </ul>	<p>Tier 3 – all patients with BMI&gt;40 or BMI&gt;35 with obesity related co-morbidities</p>
<p>What is the title and name of the intervention(s)?</p>	<p>Aintree Weight Management Services</p>
<p>What are the aims and objectives of these intervention(s)?</p>	<p>Weight management and behaviour changes</p>
<p>What NICE guidance is the intervention(s) based on?</p> <ul style="list-style-type: none"> <li>• NICE Guidance PH47</li> <li>• NICE Guidance PH53</li> <li>• NICE Guidance CG43</li> <li>• NICE Guidance PH27</li> <li>• Other:</li> </ul>	<p>NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a></p>
<p>How long does the intervention last for? Please specify in weeks, months and years:</p>	<p>Between 1 to 2 years</p>
<p>What is covered by the intervention?</p> <ul style="list-style-type: none"> <li>• Behaviour change concept - please specify under 'other'</li> <li>• Healthy eating principles - please specify under 'other'</li> <li>• Physical activity</li> <li>• Physical activity theory</li> <li>• Prescription drugs</li> <li>• Building resilience</li> <li>• Other, please specify:</li> </ul>	<p>Group based programme- combination of education and exercise with behaviour change underpinning delivery.</p> <p>Psychology – DBT/CBT and mindfulness.</p>
<p>What is the amount that has been spent on all commissioned weight management intervention by your CCG, and amount budgeted for the 2014/2015 2015/2016 and 2016/2017 financial years?</p>	<p>NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a></p>

What is this spend as a percentage of the total health programme spend for your local authority for the years 2014/2015, 2015/2016 and 2016/2017 financial years?	NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a>
How long is the intervention commissioned for? Please specify in months/years:	Service is permanent, interventions between 1 and 2 years
How many individuals access or are referred these intervention(s)?	NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a>
How many individuals are eligible to access the intervention(s)?	NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a>
What is the average weight loss at the end of the intervention (%)?	NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a>
What is the average weight loss at 12 months (%)?	NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a>
How many patients as a percentage of those receiving obesity interventions have sustained weight loss beyond the 12 months following the intervention?	NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a>

<p>As a percentage, how many people have voluntarily ceased receiving an intervention before its completion in the years 2014, 2015 and 2016.</p>	<p>NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a></p>
<p>Are participants directed into any other intervention(s) at the end?</p> <ul style="list-style-type: none"><li>• Yes</li><li>• No</li><li>• Please specify:</li></ul>	<p>NHS Southport and Formby CCG do not hold this information. Please redirect this question to the provider at Aintree University Hospitals NHS Foundation Trust – <a href="mailto:FOIrequests@aintree.nhs.uk">FOIrequests@aintree.nhs.uk</a></p>
<p>Please provide any additional comments relating to weight management services in your area that you have.</p>	