

# Learning Disability Mortality Review (LeDeR)

## Yearly Report 2020 to 2021



easy  
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In this easy read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

# Introduction

  
South Sefton Clinical Commissioning Group  
Southport and Formby Clinical Commissioning Group



This report is from NHS South Sefton Clinical Commissioning Group and NHS Southport and Formby Clinical Commissioning Group.



It is about our second Learning Disability **Mortality** Review (LeDeR).

**Mortality** means death.



We are looking at every death of people with learning disabilities in our area.



We want to learn:

- how to reduce the number of deaths of people with learning disabilities



- how to improve health services for people with learning disabilities.



This report explains the work we have done in 2020 to 2021.

# Learning Disability Mortality Review (LeDeR)



The Government wants all local health services to look into the deaths of people with learning disabilities in their area.



All the different local health services should work together to do this.



We should also work with local people, the local council and organisations that provide **social care**.

**Social care** is support for people who need some help to live independently.



We have to write a report every year which explains:

- how many people with learning disabilities have died
- the main causes of death





- how health services should improve so fewer people die.

The Government will use these reports to:



- change the way health services work with people with learning disabilities and their families



- change some of the ways that the Government and NHS works



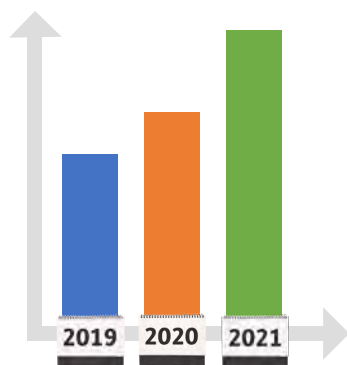
- help people plan and set up new, better services



- help people with learning disabilities get the same good health services as everyone else.

# Deaths of people with learning disabilities in south Sefton, Southport and Formby

The number of deaths reported has gone up.



It was 30 in 2020 to 2021.

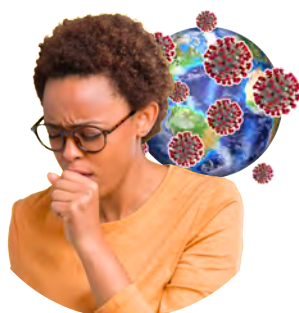
It was 24 in 2019 to 2020.

It was 29 in 2018 to 2019.



## COVID-19

We haven't finished looking into why people died this year. But we think that about 7 of the people that died had **COVID-19**.



**COVID-19** is also called Coronavirus. It is an illness that is spreading around the world. It can affect your lungs and breathing.



For 4 of these people, COVID-19 was the main cause of death.

For the others, COVID-19 was one of the causes of death.

## Age

Most of the people who died were over age 26.

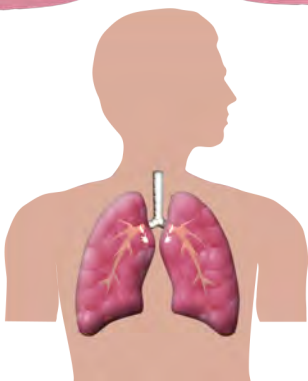
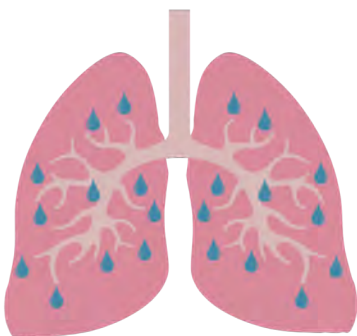


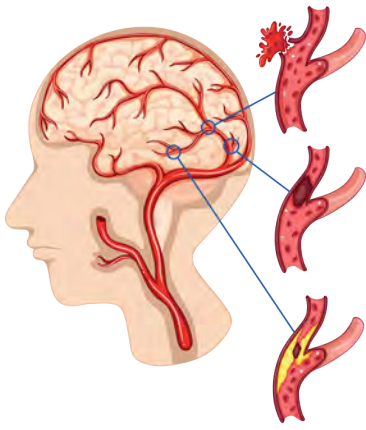
Of the people who had COVID-19 when they died, the youngest was 28 and the oldest was 76.

## What do people die of?

Apart from COVID-19, the most common causes of death for people with learning disabilities are:

- pneumonia - an illness of your lungs
- aspiration pneumonia - a disease caused by breathing food, liquid or sick into your lungs





- hypoxic brain injury - where an injury means that not enough blood reaches your brain



- Alzheimers - an illness which affects your memory and brain.



# What we want to improve



## Vaccine against COVID-19

We have made sure that all people with a learning disability have been offered a vaccine against COVID-19.



A **vaccine** is an injection or jab that helps to stop you being ill with a certain illness.



You should have 2 COVID-19 vaccines to be safe.



Most people with learning disabilities have now received at least their first vaccine.



## Yearly health checks

We want all local doctors to give each person with a learning disability a free health check every year.



This is a good way to catch health problems before they get more serious.



This year about 7 people out of every 10 people with learning disabilities had a health check.



## **Information in Easy Read**

We want local doctors to provide more information about people's health in Easy Read.



## **Care plans**

We want people to have a care plan that helps them to stay healthy without having to go into hospital.



## **Healthy lifestyle**

We want people to eat healthy food and not put on too much weight.



## The effects of COVID-19

Many services stopped or worked in a different way during the time of COVID-19.



Some people did not get a service for a long time.



We want to look at the effect of this on people's health.

# Managing LeDeR



We look into the death of each person with a learning disability in Southport, Formby and south Sefton. This is called a review.



## The reviews

We want to complete a review within 6 months of the death of each person.



There were 86 reviews from 2018 to May 2020 which needed to be finished by the end of December 2020.



We managed to finish all these reviews by the end of December 2020.



## Involving people

We want people from all health services in Southport, Formby and south Sefton to be involved in the managing of the LeDeR.

We also want to involve:

- someone from the local council
- some people with learning disabilities and their carers.



# Priorities for 2021 to 2022



**Priorities** are the things we want to do first.

This year we want to:

- make sure we follow the new guidance from NHS England about running LeDeR.

This means we should involve people from more health services in our area



- make sure all health services provide information about the deaths of people with learning disabilities to the LeDeR



- find someone who will be the LeDeR Co-ordinator



- make plans for the LeDeR over the next 4 years.

# More information

For more information contact NHS South Sefton CCG by:



- post:  
Magdalen House  
Trinity Road  
Bootle  
L20 3NJ



- phone: 0151 317 8456



- email: [southsefton.ccg@nhs.net](mailto:southsefton.ccg@nhs.net)



- website:  
[www.southseftonccg.nhs.uk](http://www.southseftonccg.nhs.uk)

For more information contact NHS  
Southport and Formby CCG by:



- post:  
5 Curzon Road  
Southport  
PR8 6PL



- phone: 01704 395785



- email:  
[southportandformby.ccg@nhs.net](mailto:southportandformby.ccg@nhs.net)



- website:  
[www.southportandformbyccg.nhs.uk](http://www.southportandformbyccg.nhs.uk)

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