



Southport and Formby Clinical Commissioning Group

Our ref: FOI ID 5770

24 September 2015

NHS Southport & Formby CCG

Merton House
Stanley Road
Bootle
Merseyside
L20 DL

Southportandformbyccg.foi@nhs.net

Direct dial: 0151 247 7000

Re: Freedom of Information Request

Please find below the response to your recent Freedom of Information request regarding Obesity services within NHS Southport and Formby CCG.

Request/**Response**:

Questions

Please can you respond to the 4 questions and sub questions .All responses are required in Great British Pounds£. We only require information specific to the CCG allocation.

1. What is the overall allocation of financial resources for financial year 2015/16*?

£177.3m

2. What is the prevalence of overweight and obesity in your population?

Men: Overweight Obese.Women: Overweight
Obese.....

3. How much of the CCG allocation (for financial year 2015/16) is spent on children accessing the following services (please see National Obesity Forum Obesity Model below for examples)

- a. Tier 2 Children’s weight management services - For children with a BMI above the 85th percentile. The primary purpose of these programmes is to support overweight and obese children using a combination of diet, physical activity and behaviour modification.

Chair: Dr Rob Caudwell
Chief Officer: Fiona Clark

Southport and Formby Clinical Commissioning Group

Outlines of the types of these services can be found below in the NOF Obesity model.

£

- b. Tier 3 Children's weight management services - For children with a BMI above the 99th centile or 98th percentile with complex needs. The primary purpose of these programmes is to support overweight and obese children using a Multi Disciplinary Team Involving some or all of the following clinicians, GP, Dietician, psychologist, family therapist, exercise/physical activity, lifestyle coaches.

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- c. Tier 4 Children's weight management services- For children with a BMI above the 99th Centile with complex needs – Residential weight loss camps.

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4. How much of the CCG allocation (for financial year 2015/16) is spent on adults accessing the following services (please see National Obesity Forum Obesity Model below for examples)

- a. Tier 2 Adult weight management services - For Adults with a BMI above 25. The primary purpose of these programmes is to support overweight and obese adults using a combination of diet, physical activity and behaviour change. Outlines of the types of these services can be found below in the NOF Obesity model

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Tier 3 Adult weight management services- For adults with a BMI above 40 or above 35 with co morbidities. The primary purpose of these programmes is to support obese adults involving some or all of the following clinicians, GP, Dietician, psychologist, exercise/physical activity, lifestyle coaches.

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*Assumed to be the tax year from April 2015 to March 2016

NHS Southport and Formby CCG does not hold the information with regards to questions 2 – 4. Please redirect your request to Sefton Council.

information@sefton.gov.uk