

Big Chat 6

[#CCGBigChat](#)



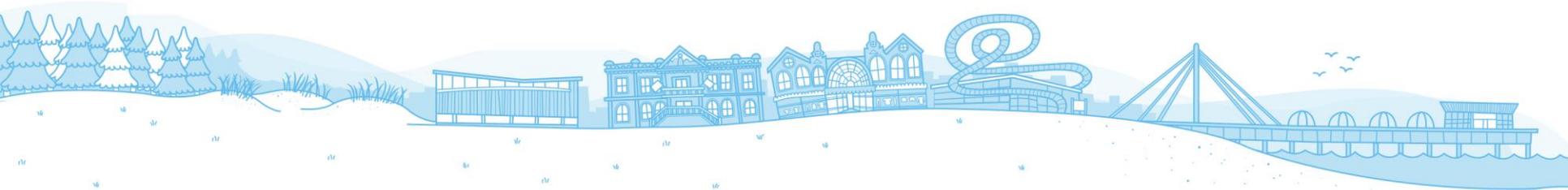
Welcome

Dr Rob Caudwell

Chair

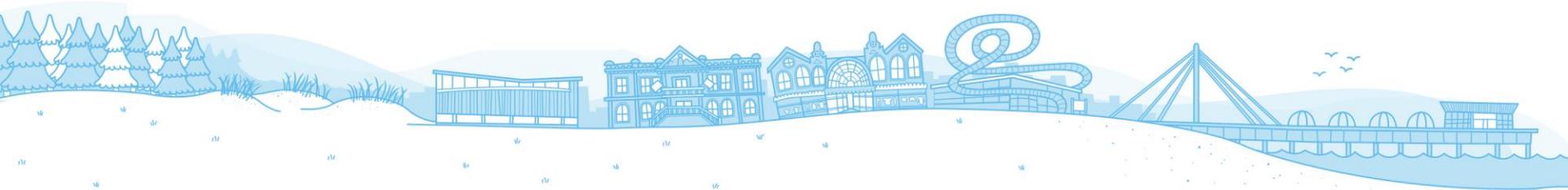
NHS Southport and Formby CCG

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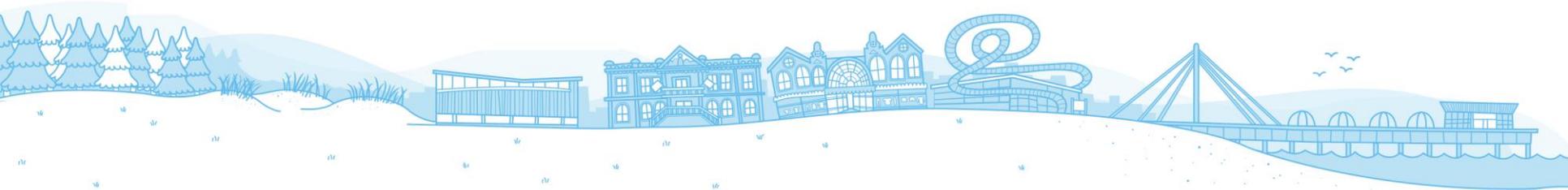
What we will cover today

- **Shaping Sefton – where we are now and challenges ahead**
Fiona Taylor, chief officer
- **Opportunities for change**
Table discussions
- **Fingers on the button - feedback from discussions**
- **Introduction to ‘Dementia Friends’**
Val Metcalf, Alzheimer’s Society
- **Fingers on the button – how was the event for you?**
- **Close**
- **Q&A surgery**



How did you hear about today's Big Chat?

1. Letter
2. Newspaper article
3. Word of mouth
4. Southport and Formby
CCG website
5. Other website
6. Social media –
Twitter/Facebook
7. Poster



Shaping Sefton

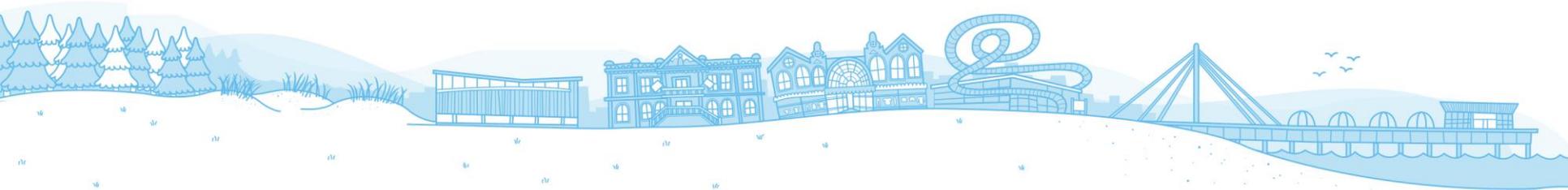
Where we are now and challenges ahead

Fiona Taylor

Chief officer

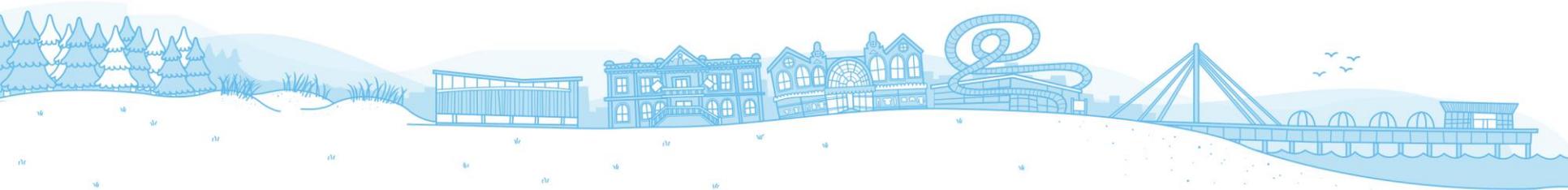
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What do you think is the biggest challenge for your local NHS?

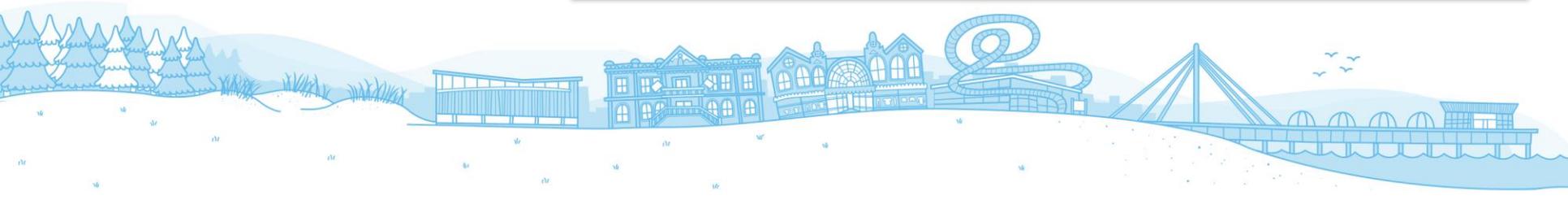
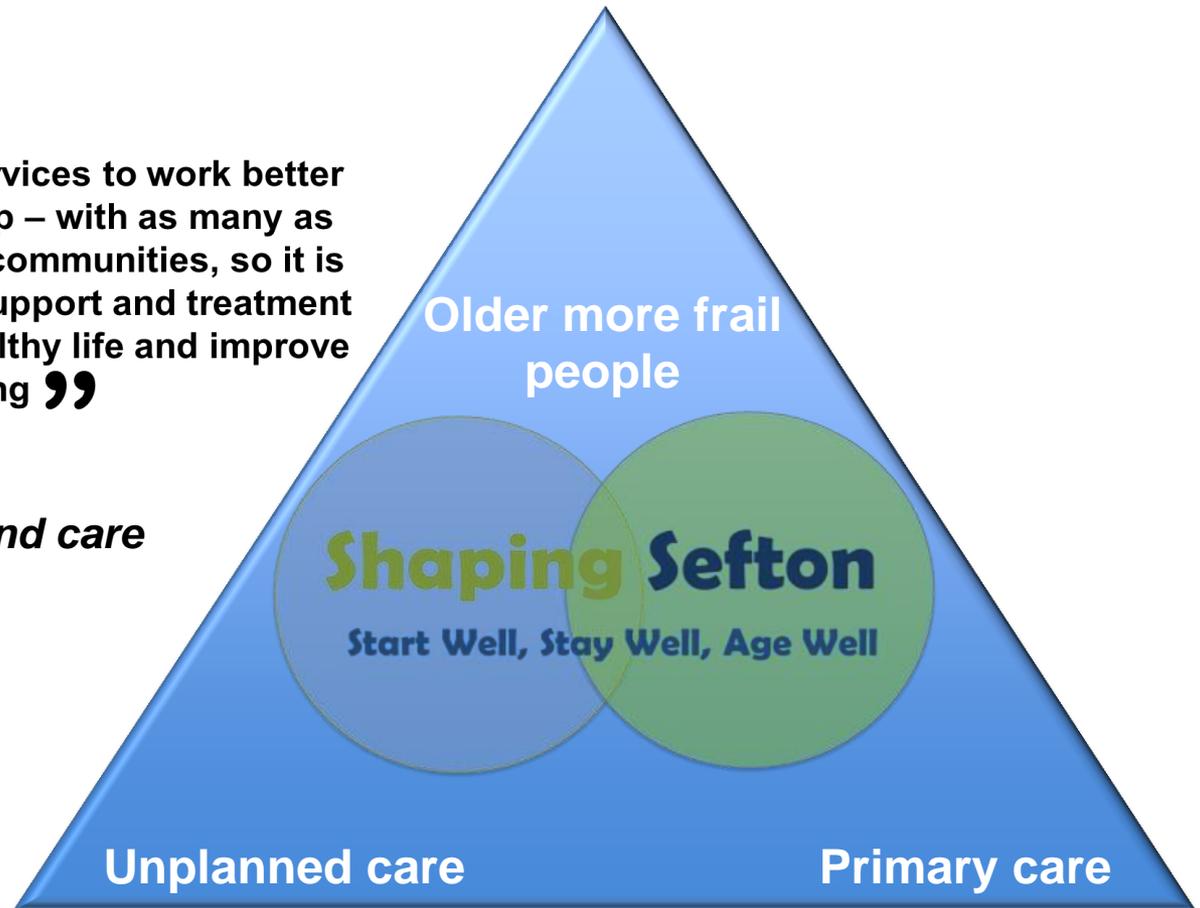
1. More and more people using health services
2. Maintaining a high quality of healthcare
3. Saving money
4. All of the above
5. None of the above



Our vision

“We want all health and care services to work better together – to be more joined up – with as many as possible provided in our local communities, so it is easier for you to get the right support and treatment first time, to help you live a healthy life and improve your wellbeing”

We call this:
community centred health and care



Our vision
5 year strategy

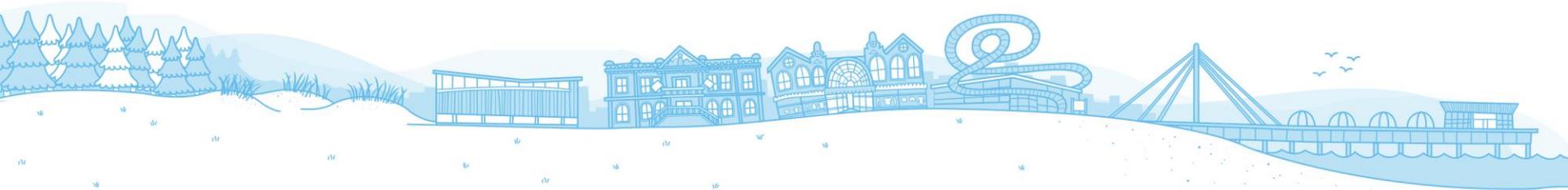
Shaping Sefton
Community centred health and care



Where we are now

Southport and Formby residents

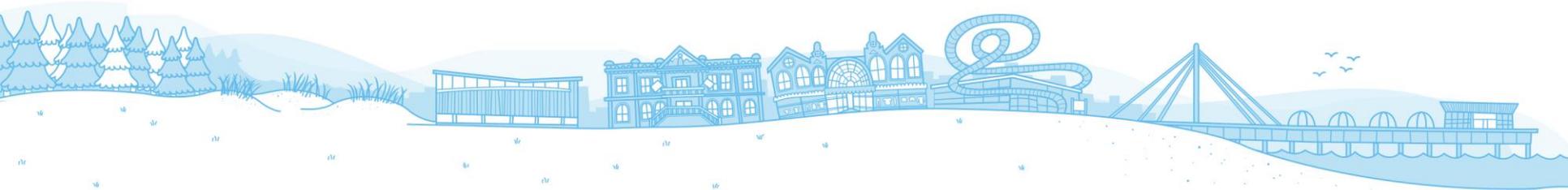
- We have a significantly higher number of older residents – this is expected to grow
- Life expectancy in our least affluent communities remains unacceptably low
- Levels of long term health conditions are much higher than the national average - particularly heart disease, respiratory disease, kidney disease, mental health conditions and obesity
- Health needs growing more complex, demands on services increasing



Where we are now

Current services

- National trend - urgent care services under greater pressure, mirrored locally
- Planning – working across organisational boundaries to shape services that better meet our regional and local communities, to get the most from our centres of excellence and best practice – Sustainability and transformation plan for Cheshire & Merseyside
- Workforce – national gaps in some areas of medical specialties, mirrored locally



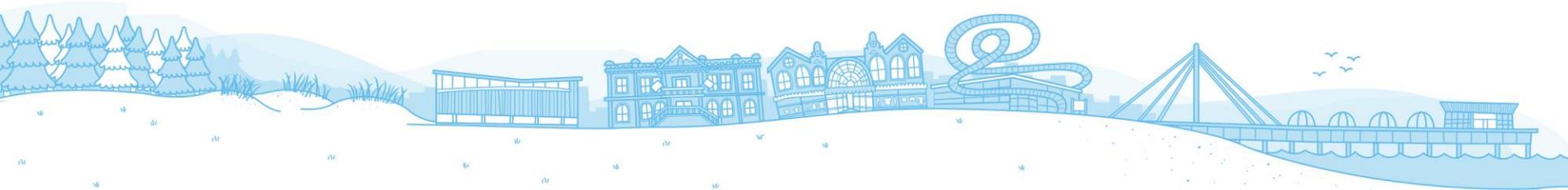
Where we are now

Our NHS resources – national picture

- Budgets allocated to CCGs up by average 3.4% this year
- However, the NHS recorded a deficit of **£471 million** in the last financial year¹
- If trend continues the gap between the money available for the NHS and the cost of services that patients' need is an estimated **£30 billion by 2020 - 2021**²

1 - NHS Confederation <http://www.nhsconfed.org/resources/key-statistics-on-the-nhs>

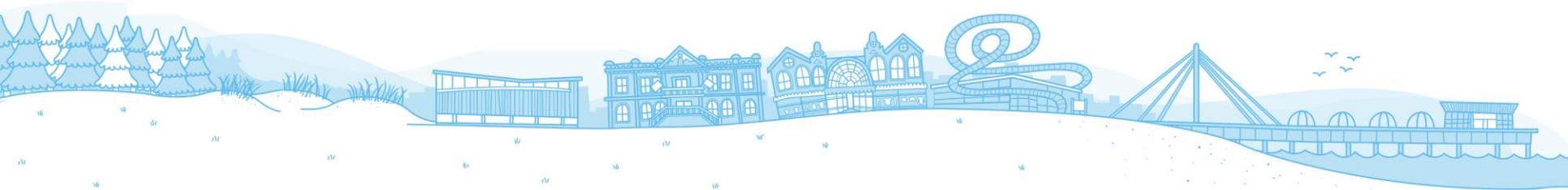
2 - NHS 5 Year Forward View



Where we are now

Our NHS resources – local picture

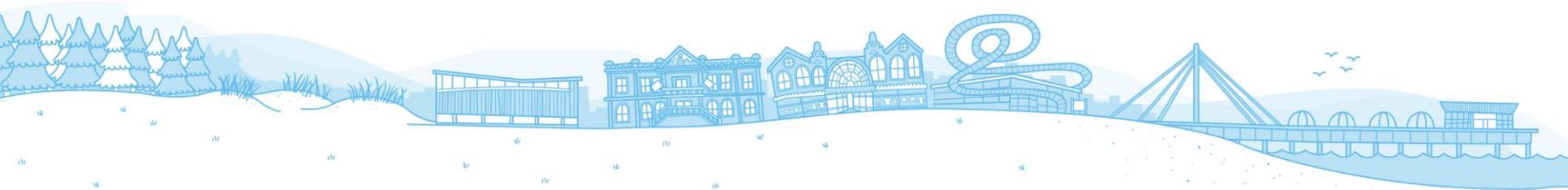
- We have been allocated a budget of just over £180 million this year to spend on healthcare
- That is an extra 3.05% on last year (compared to national average of 3.4%), or around £5.3 million more
- However, we remain the lowest funded CCG in Merseyside



Where we are now

With this money we must:

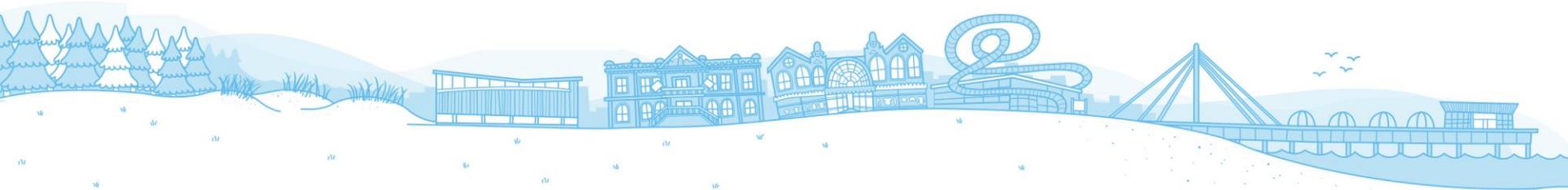
- Meet our existing statutory duties to commission healthcare and balance our books
- Cover the cost for more healthcare as demand increases
- Cover the cost of new responsibilities – including increased hospital tariffs, IT systems for GP practices and young people's mental health services – previously funded nationally
- Meet inflationary increases at 1.7%

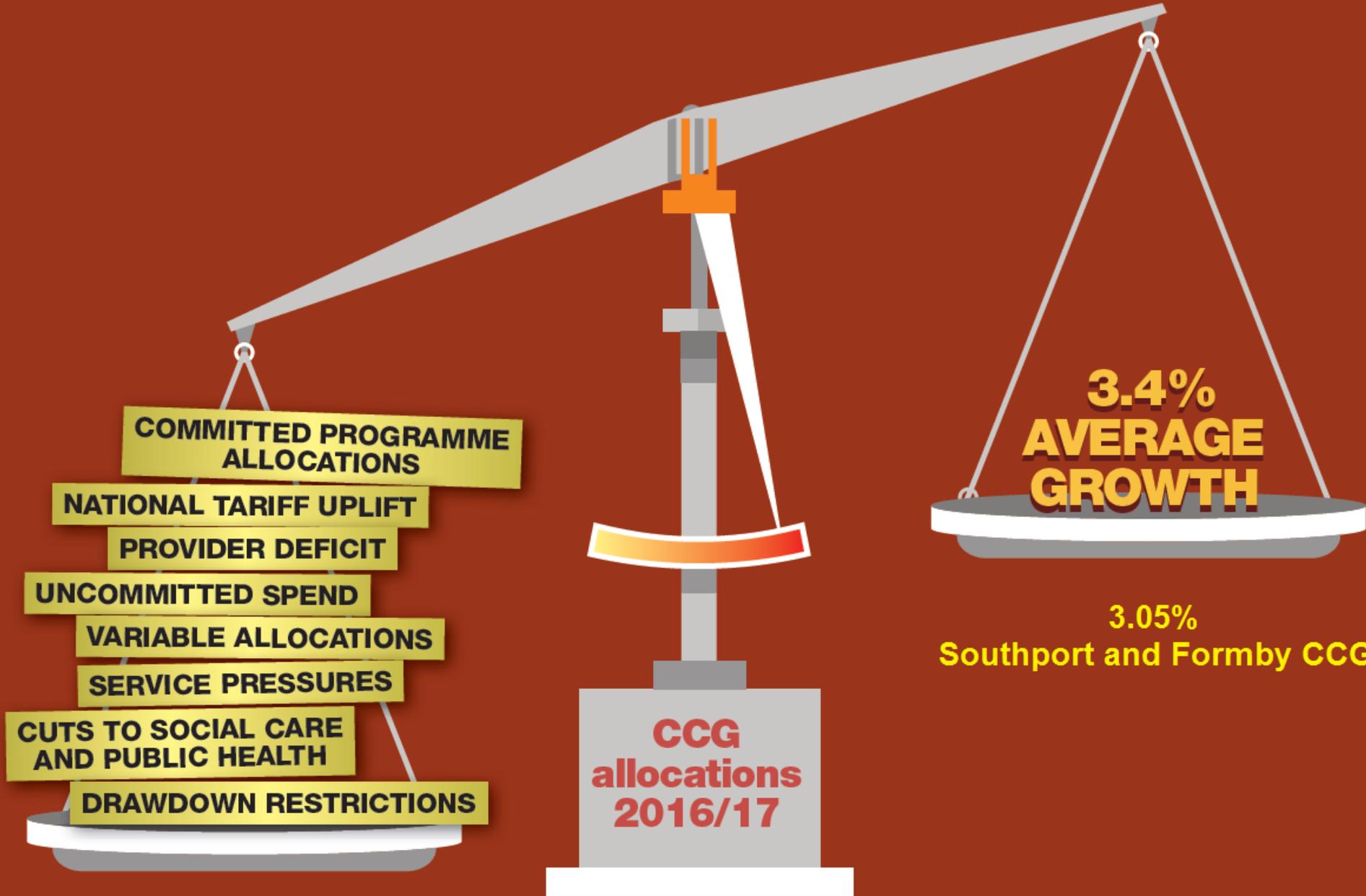


Where we are now

Our NHS resources – local picture

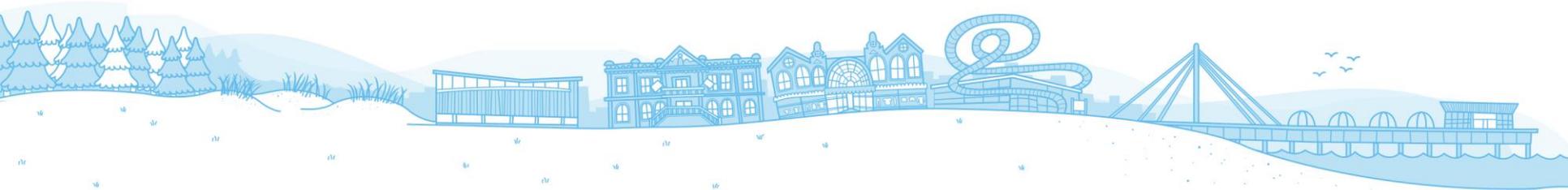
- **No real-terms growth** in the money we have been allocated to provide your healthcare – it remains static





What this all means

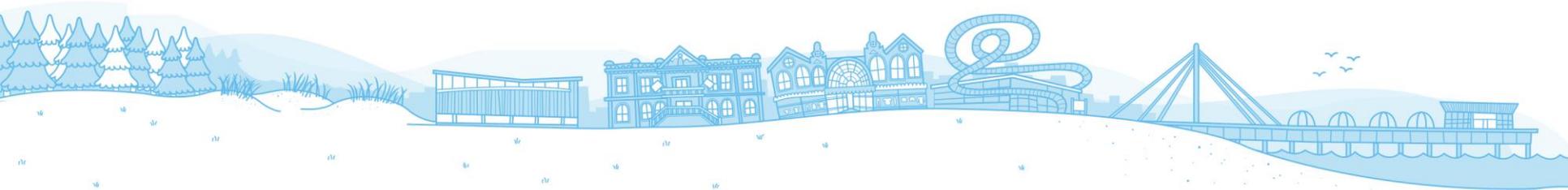
- Challenging times for the NHS – increasing demands on services and tighter public sector budgets
- It mean the NHS needs to change the way it works if it is to stay effective
- We have limited resources, difficult decisions - so your views about what we should focus our money and efforts on is even more important than ever...



What we are doing

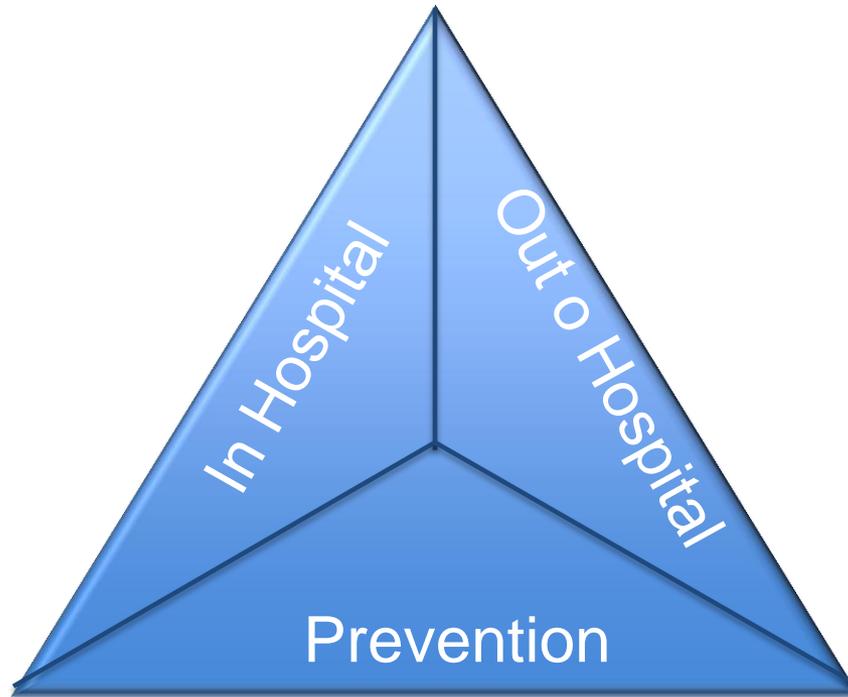
Our focus

- All NHS organisations required to improve the quality of care they deliver while making efficiency savings that can be reinvested into the NHS
- The NHS calls this 'QIPP' – quality, innovation, prevention and productivity
- We have set a savings plan of £12.8 million by March 2018



What we are doing

Better Health



Better Care

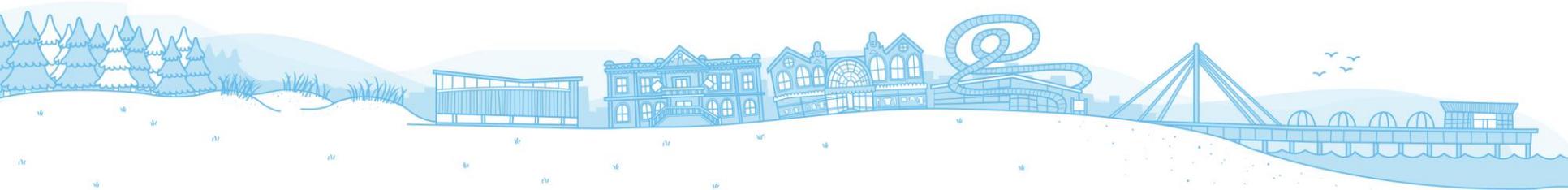
Better Value



What we are doing

Examples of where we believe we can make savings

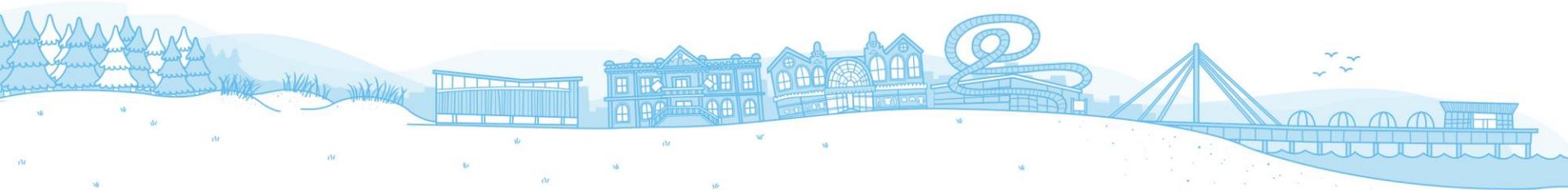
- Planned care – systems to better manage hospital referrals
- Prescribing – reducing wasted medicines, using non branded medicines
- Continuing Health Care & Funded Nursing Care – extending personal health budgets
- Discretionary spend – reviewing all other services to ensure they offer best care and reducing the cost of ‘running the business’
- Urgent Care – telehealth so patients can be treated at home



Over to you

Innovation wall

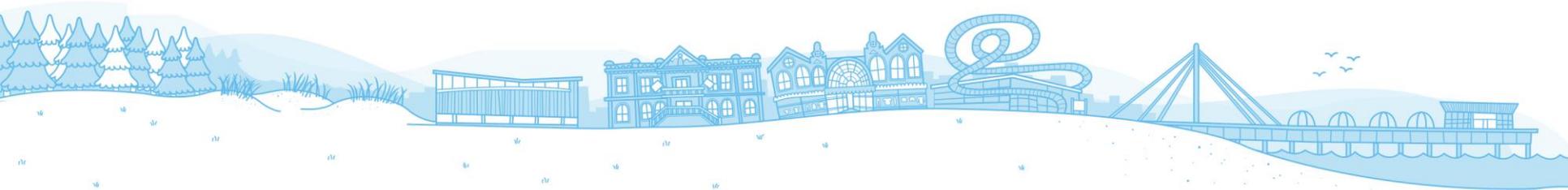
- What are your ideas for making services more efficient and effective?
- What can you do to support your local NHS to continue to work well?



Over to you

Your views

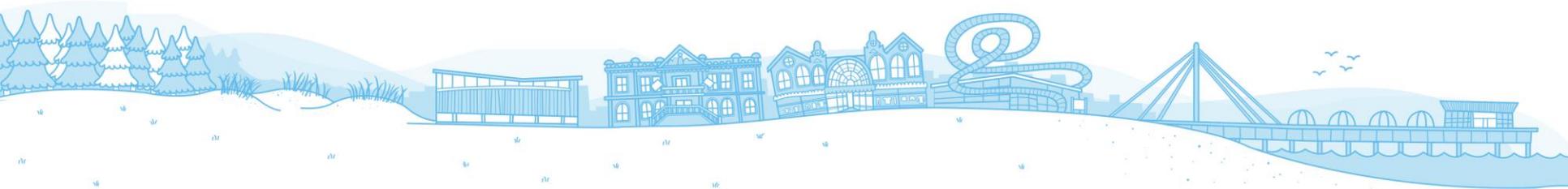
- Four examples of where we can achieve good outcomes for patients and make savings
- Over the next hour, each group will, in turn, hear about these four schemes from our presenters
- After hearing about each scheme, you will be asked for your thoughts and views
- At the end of the session you will be asked to vote on a series of questions



What did you think?

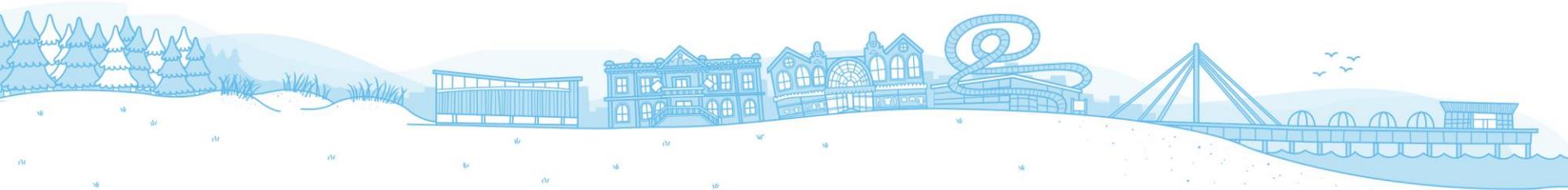
You will hear four sessions on:

- Reducing medicines waste
- Getting the best outcomes for our money
- Technology in healthcare
- New models of primary care



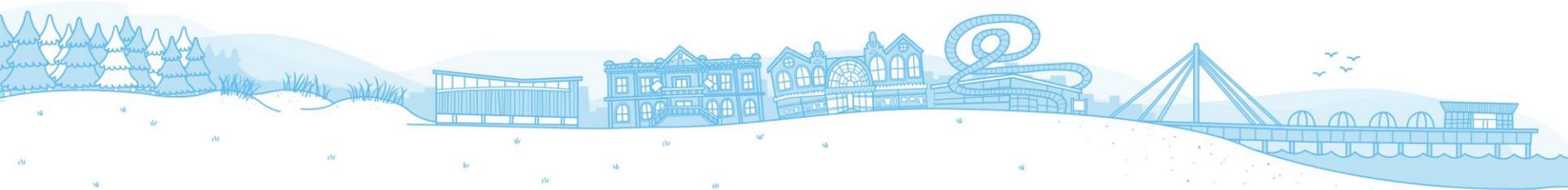
Do you think the process for ordering repeat prescriptions that you have heard about today will help us to reduce medicines waste and improve your care?

1. Yes
2. No
3. Not sure



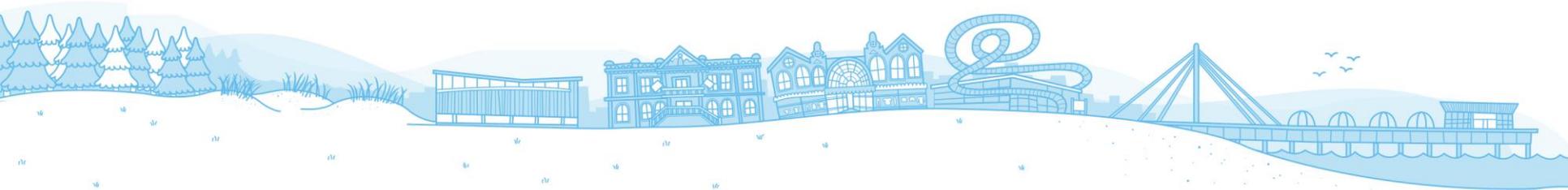
Do you think the technological schemes and systems you've heard about today will help make NHS services more efficient and improve your care?

1. Yes
2. No
3. Not sure



Do you think the new models of primary care that you've heard about today will help make NHS services more efficient and improve your care?

1. Yes
2. No
3. Not sure



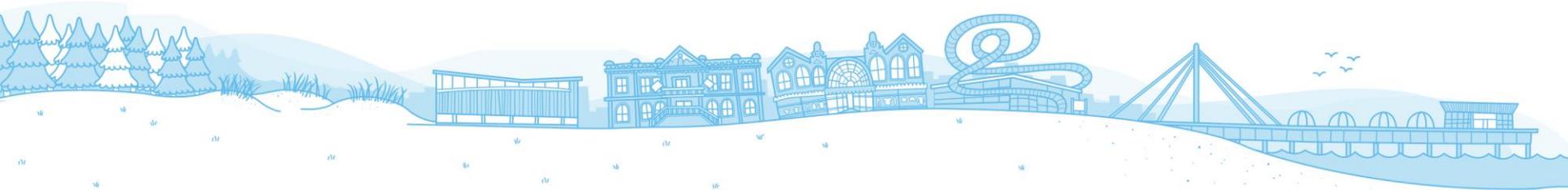
Do you agree with what you've heard today about making changes to services where we know from evidence that current results for patients are poor or could be better?

1. Yes
2. No
3. Not sure



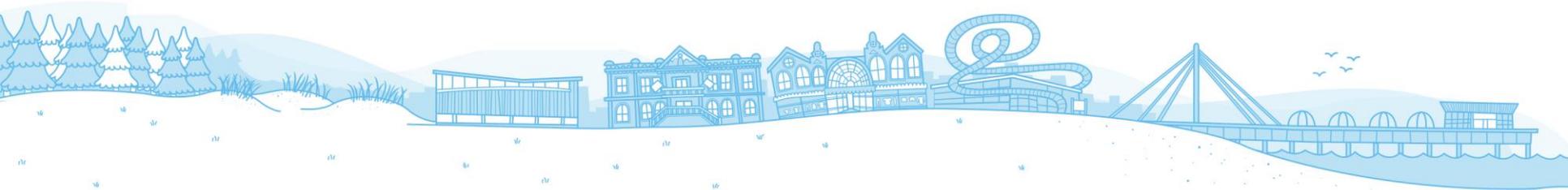
Following today's presentations and discussions, what do you think is the biggest challenge for your local NHS?

1. More and more people using health services
2. Maintaining a high quality of healthcare
3. Saving money
4. All of the above
5. None of the above



Comfort break

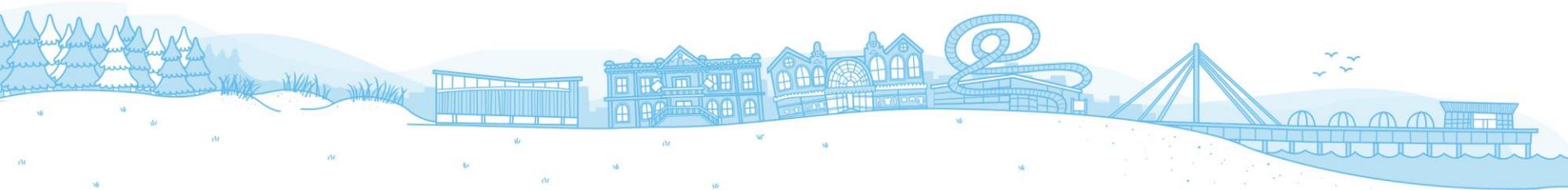
5 minutes



Introducing ‘Dementia Friends’

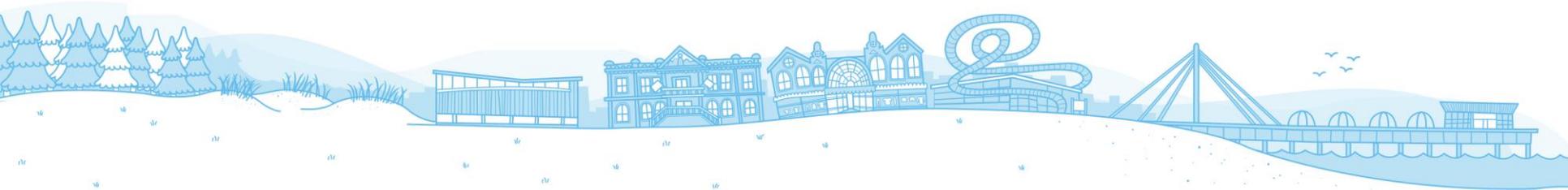
Val Metcalf

Alzheimer’s Society



Five things you should know about dementia

1. It's not a natural part of growing old
2. It's caused by diseases of the brain
3. It's not just about losing your memory
4. It's possible to live well with it
5. There's more to the person than the dementia



Want to know more about ‘Dementia Friends’?

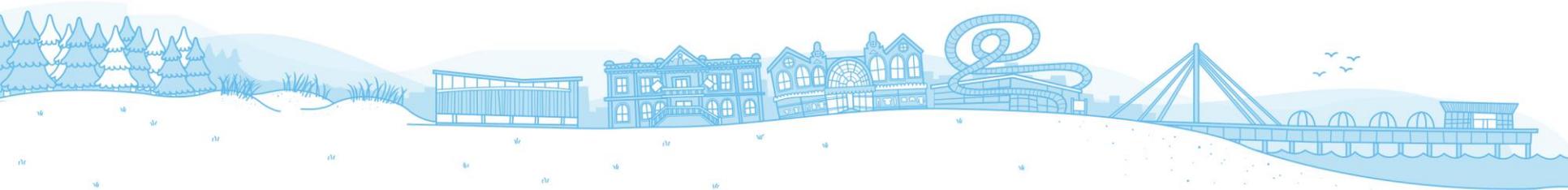
Visit to website <https://www.dementiafriends.org.uk/>

Or contact: Charlotte Adams

Regional support officer – Dementia Friends

Mobile: 07718 252 453

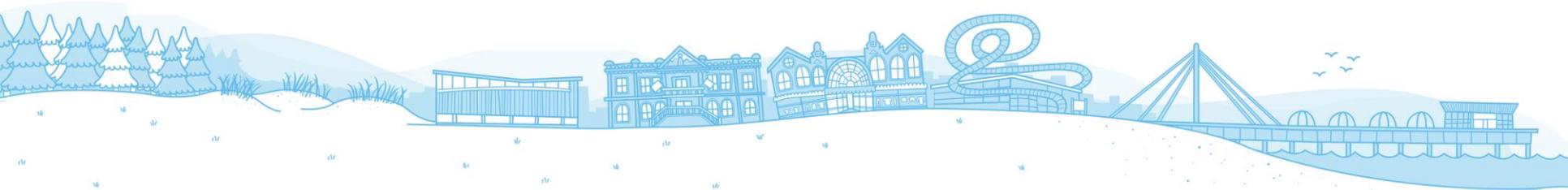
Email: charlotte.adams@alzheimers.org.uk



Fingers on the button

Fiona Taylor

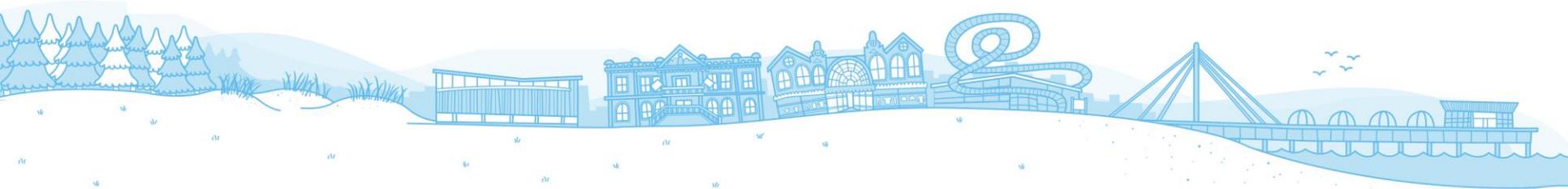
Chief Officer, NHS Southport and Formby CCG



About Big Chat 6

During today's discussions did you feel that you had the opportunity to have your views heard?

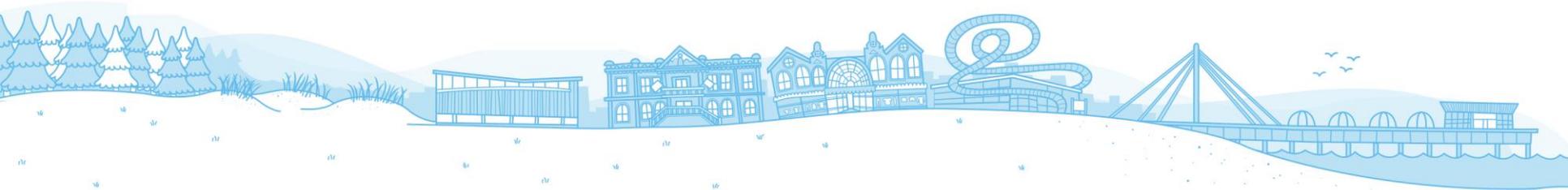
1. Yes
2. No
3. Not sure



About Big Chat 6

Do you feel confident that your input today will be used to shape your NHS and help make it more cost effective?

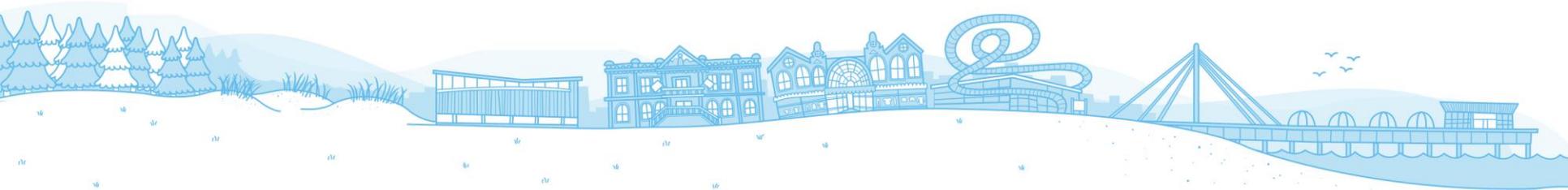
1. Yes
2. No
3. Not sure



About Big Chat 6

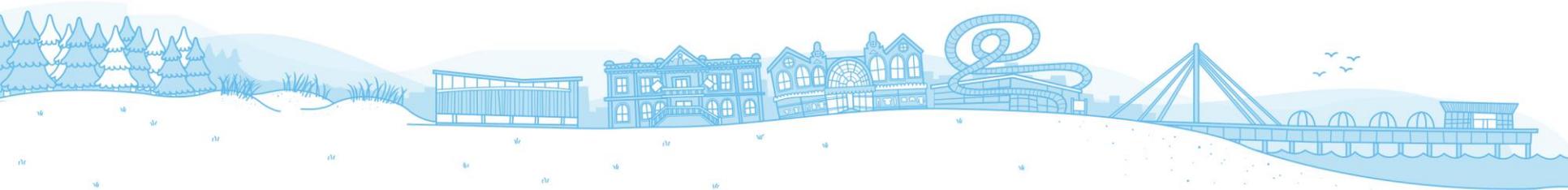
When should we hold future Big Chats?

1. Evening
2. Morning
3. Afternoon
4. weekend



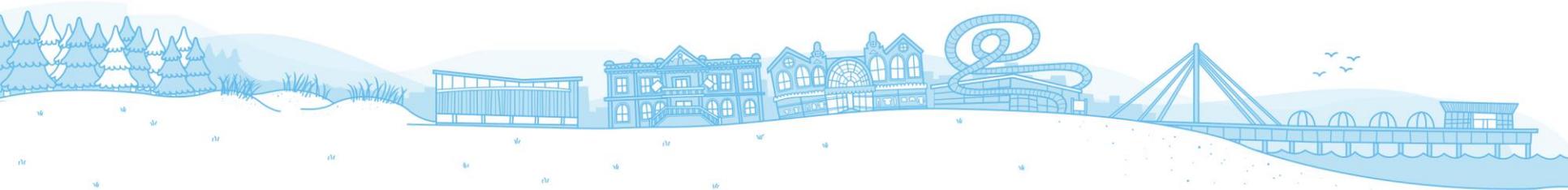
Getting involved

- Fill in a 'keep in touch' form
- We will add your contact details to our database to keep you informed
- Join us at our next 'Annual Review meets Big Chat' on 27th September, 1pm – 4pm
- Details of this and all previous and future Big Chats also on our website: www.southportandformbyccg.nhs.uk
- Please let us know if you require this in other formats
- Call our PALS team on 0800 218 2333



Thank you

- [#NHSSFCCG](https://twitter.com/NHSSFCCG)
- www.southportandformbyccg.nhs.uk



Shaping Sefton



How can we be **RESILIENT?**

How do we build **CAPACITY?**

How can we promote positive mental health?

How can we help people to remain independent?

The current system is **UNSUSTAINABLE**

There are **CHALLENGES**

Health & Well-being

I don't even know what **INTEGRATION** means

We need a **communality**

NEW MODELS OF CARE



WHAT SEFTON IS and what it can be
COMMUNITY



confidence & self-esteem

PLACE

INTEGRATED CARE

Collected **VISION**

MARGARET CADNEY

Right Care
Right Time
Right Place

Moving & WELCOME to anything

Customising services in primary & secondary care

WHAT SEFTON IS and what it can be

WHAT DO YOU KNOW ABOUT **2 YEAR OLDS?**



PUSHING THE BOUNDARIES

FINDING OUR WAY

Strive to get our best ideas

Capacity

They are all different

WE'RE HEADING IN THE RIGHT DIRECTION

TRANSFORMING URGENT CARE

TRANSFORMING

culture

care

WORK is what we DELIVER